



CAPTURING MEMORIES

FAMILY VOLUNTEER DAY

Family Volunteer Day is a day of service that celebrates the power of families who work together to support their communities and neighborhoods. Volunteering is a great way for kids and adults to make new friends, develop compassion for their neighbors, and even pick up a new skill or two!

POST-PROJECT REFLECTION ACTIVITY

After volunteering, help family members reflect on what they did and how their service made a difference while they creating a memento of the experience!

CAPTURING MEMORIES INSTRUCTIONS

1. During the project, take pictures of the volunteers in action!
2. Print out your favorite pictures from your service experience.
3. Decide whether you want to make a collage or scrapbook.
4. If you choose to make a collage, cut the pictures into fun shapes and glue them onto a canvas or poster board. Add decorations like stickers or glitter to make it festive!
5. If you choose to make a scrapbook, attach your pictures to scrapbook pages with quotes or phrases that describe your service experience. The more service projects you do, the more you can add to your scrapbook!
6. As you work, reflect on your experience. Ask each other the following questions, using the pictures for inspiration:
 - What did you learn from doing this project?
 - How did doing this project make you feel?
 - How did the project help people?
 - What worked well about the project?
 - What can you do better next time?
7. Keep the finished product somewhere that you can admire it!

PREREFLECTION:

Before your volunteer project, ask these questions to help family members think about the activities they are about to engage in and why. Here are questions to guide your thinking or discussion:

- Who are we helping?
- Why are we helping them?
- How are we helping them?
- What are we most excited about?
- What might be tough or challenging about our project?
- What are everyone's jobs during the project? What do we each have to do?

